

Introduction to “The Healer’s Way”

by Rahul Patel

Life is a continuum of energy. We live in this continuum. Like the fish who swims in the ocean, yet knows it not, we live in a boundless ocean of energy, unaware of its full potential. All that is required is our consciousness. Energy creates our three-dimensional world, our hologram of possibilities. The dimensions of our hologram are Mind, Body and Spirit. Mind creates logic, Body creates harmony and Spirit creates magic. We are living celebrations of energy.

When I wrote *The Healer’s Way*, the book was actually writing me. I channeled through consciousness that tells me that God is not in heaven but is personified in each one of us if we are willing to receive. The word Kabbala, comes from *qibbel*, meaning to receive. This book is the result of my receiving messages from Spirit – that life is a magical symphony when we find our path. The messages are always there if we but step aside and let them come through.

We have evolved from warriors to lovers. The way of the warrior predominated in prehistoric times. The warrior was king, and power was his instrument. Force was the weapon, and will was the motive. The way of the lover grew out of matriarchal influences as man acknowledged the amazing power of woman to give birth to new life. This awareness celebrated the goddess energies. The heart was the center of the lover’s way. Surrender was the secret.

The warrior and the lover are both incomplete without the interplay of one another. There is an eternal dance between the god and the goddess, the animus and the anima, the cosmic aspects of male and female principles contained within each of us.

The Healer’s Way is the merging of these complementary energies. As we are going into the new millennium, I believe we are entering an age of the healers. We can clone many things, but we cannot clone consciousness. I invite you to unfurl the spinnaker of your heart and join me on a journey, *The Healer’s Way*, the way of Energy Medicine.

Our mind is digital, and our faith is analog. A digital approach is newly-evolved and mechanistic. An analog approach is primordial and integrated. Healing primarily occurs in our analog system. Medical professionals tend to be digital, and ignore the holistic nature of the organism, choosing to cure rather than to heal. In healing we enter into the basic imprint of existence, the hologram of our possibilities. We heal the dichotomy between digital and analog, male and female,

will and surrender.

The Greek philosopher and poet, Empedocles, said “God is a circle whose center is everywhere, and its circumference is nowhere.” In our playful consciousness we find that center which Krishna described as Leela – divine play. I was searching for ways to heal with energy. I went to China, Tibet, Japan Africa and Egypt to discover and experience healing with energy. The basic thing I learned was, that by finding the center within, we heal. That center is known by different names in different cultures. That center is the hub of Energy Medicine. The beauty of Energy Medicine is that it is available here-and-now, and no insurance plan is required. We do not have to go anywhere to buy it or find it. We are the sole creators of Energy Medicine.

This book is about discovery, about finding ways to wholeness. There is no “later” in the realm of healing, all we have is the eternal now. As long as there is a spark of hope in our hearts, we can summon the energy to heal anything. We can journey from loss to abundance. We can journey from hurt to love. We can journey from woundedness to wholeness. When there is darkness, we do not remove it. We bring light – the light of love, the light of hope, the light of Oneness. All light reflects from the same source, Spirit.

Energy is a flow. Nothing dies in the world of energy. Spirit is our innate potential, our connection with divinity. God is energy, that is why energy can heal. Matter in high energy physics does not die but undergoes a process of transmutation; form changes. In the world of energy, we undergo transformation; we change. As Goëthe said, “that moment one definitely commits oneself, then Providence moves too...” Whatever you can do, or dream you can, begin it. Boldness has genius and power and magic in it...

We heal ourselves by giving the very thing we desire. We become whole by transforming from passion to compassion. Passion is our individual flame of creativity. Compassion is sharing that flame with others. Honoring the Spirit in everyday life is celebrating the sacred. Sacredness gives meaning and purpose to our ordinary lives.

Spirit is the ecosystem of our existence. In the world of Spirit, we transcend. In the realm of Energy Medicine, we transform. It is a journey we take from the self to the Spirit when we open our hearts. Our consciousness leads us to joy, and joy leads us along our path. Where there is joy, there is healing.

This is a book of transformation. Welcome to the path. As we walk together, if I have touched a heart, a soul, a person, I feel the energy has connected us.